

KEPUTUSAN OLAHRAGA MSSPk 2018

BIL	ACARA	KATEGORI	MSSPk			Q
			1	2	3	
1	100 M	L14				
		L15	10.5	11.3	11.6	11.7
		L18	10.9	11.0	11.3	11.5
		P14				
		P15	13.4	13.4	13.6	13.7
		P18	12.6	13.1	13.1	13.6
2	200 M	L14				
		L15	21.9	23.5	24.0	24.6
		L18	22.7	23.0	23.3	
		P14				
		P15	27.9	28.7	29.1	29.1
		P18	26.8	27.3	28.2	28.7
3	400 M	L14				
		L15	53.3	53.7	53.9	56.1
		L18	51.5	52.5	53.0	53.8
		P14				
		P15	66.1	67.2	69.0	72.0
		P18	61.2	66.0	67.2	69.4
4	800 M	L14				
		L15	2:10	2:12	2:13	2:15
		L18	2:04	2:04	2:05	2:08
		P14				
		P15	2:39	2:44	2:47	2:55
		P18	2:38	2:40	2:40	2:48
5	1500 M	L14				
		L15	4:41	4:45	4:45	4:49
		L18	4:27	4:29	4:30	4:33
		P14				
		P15	5:27	5:40	5:45	5:47
		P18	5:34	5:36	6:04	6:09
6	2000 M B	P18	9:32	9:37	9:49	10:24
		L15	7:09	7:09	7:12	7:12
7	3000 MB	L18	6:42	6:46	6:51	7:14
8	5000 M	L18	10:04	10:04	10:05	10:07
9	3000 M	P18	11:54	12:03	12:07	12:36
10	L.PELURU	L14				
		L15	15.67	12.53	11.87	11.18
		L18	13.07	12.15	11.81	11.68
		P14				
		P15	9.47	9.19	9.18	8.89
		P18	9.65	9.51	9.38	9.33
11	R.LEMBING	L14				
		L15	41.52	36.39	34.39	33.05
		L18	46.29	44.48	44.01	43.66
		P14				
		P15	28.60	27.04	26.74	26.13
		P18	35.79	27.83	26.71	24.95

12	L.CAKERA	L15	42.48	35.84	34.50	34.30
		L14				
		L18	38.10	32.33	31.55	30.71
		P14				
		P15	25.11	22.95	22.25	22.07
		P18	25.54	22.01	21.63	20.80
13	B. TUKUL BESI	L18	31.16	30.64	28.77	28.48
		P18	48.35	23.13	22.49	22.03
14	L.JAUH	L14				
		L15	6.34	6.21	6.02	5.97
		L18	6.57	6.46	6.12	6.10
		P14				
		P15	4.91	4.45	4.42	4.42
		P18	4.99	4.60	4.55	4.55
15	L.KIJANG	L14				
		L15	13.35	12.75	12.44	12.34
		L18	13.49	13.36	13.35	13.13
		P14				
		P15	10.87	10.30	9.79	9.49
		P18	10.22	9.73	9.68	9.64
16	L.TINGGI	L14				
		L15	1.77	1.77	1.64	1.64
		L18	1.84	1.80	1.80	1.75
		P14				
		P15	1.40	1.35	1.35	1.35
		P18	1.67	1.45	1.39	1.36
17	10000 M J.KAKI	L18	59:53	1:01:07	1:03:18	1:03:42
18	3000 M J.KAKI	P15	17:40	19:47	21:53	22:51
19	5000 M J.KAKI	L15	30:41	31:11	31:19	31:31
		P18	33:24	34:03	35:17	37:16
20	100 M PAGAR	P14				
		P15	16.7	17.2	17.4	17.4
		P18	16.3	17.2	17.9	18.7
21	110 M PAGAR	L14				
		L15	14.3	14.4	14.9	15.5
		L18	14.3	15.2	15.9	16.1
22	200 M PAGAR	L14				
		L15	24.5	25.8	26.0	27.4
		P14				
23	400 M PAGAR	P15	30.7	30.9	31.7	33.1
		L18	58.1	58.6	58.8	59.6
24	4x100 M	P18	78.6	78.6	80.8	83.6
		L15	44.0	46.8	47.1	47.4
25	4x400 M	L18	44.7	45.4	45.7	45.8
		P15	54.0	54.5	55.3	56.4
		P18	52.6	54.6	54.9	56.2
		P15	4:30.8	4:40.1	4:43.9	4:45.5
25	4x400 M	P18	4:27.9	4:32.0	4:42.3	4:48.0
		L15	3:37.0	3:46.4	3:46.7	3:51.7
25	4x400 M	L18	3:33.5	3:34.9	3:36.3	3:38.7

26	HEPTHATHLON	T	3712	3622	3613	3591
27	PENTHATHLON	T	2522	2415	2406	2387